

Body Pillow
Designed by Osie Lebowitz





Finished pillow size: 12" x 39"

Row by Row On the Go fabric collection designed by Debra Gabel of www.zebrapatterns.com

Fabric Requirements

²/₃ yard Fun-C8224 Vanilla

¹/₄ yard Fun-C8224 Jade

³/₈ yard Hatch-C2959 Citrus

¹/₄ yard Hatch-C2959 Tomato

1/8 yard Fun-C8224 Ocean

³/8 yard Row-C5063 Cream (backing)

Other supplies:

45" x 18" batting

Approximately 2 lbs. polyester fiberfill stuffing Plastic template material

Preparation

Trace Templates A, B and C onto template plastic and cut out.

Cutting

Trace templates print side up on the right side of the fabric.

From Fun-C8224 Vanilla:

- Cut one 3¹/₂" x width-of-fabric (WOF) strip. Sub-cut six 3¹/₂" x 6¹/₂"" rectangles.
- Cut three 2" x WOF trips for borders. Sub-cut two 2" x 39¹/₂" strips and two 2" x 9¹/₂" strips.
- Remaining fabric will be used for pillow backing for machine quilting.

From Fun-C8224 Jade:

- Cut one 2⁷/₈" x WOF strip. Sub-cut four 2⁷/₈" squares.
- Cut one $2^{1/2}$ " x WOF strip. Sub-cut twelve $2^{1/2}$ " squares.

From Hatch-C2959 Citrus:

- Cut two 2⁷/8" x WOF strips. Sub-cut four 2⁷/8" squares, eight Template B and eight Template C.
- Cut one $2^{1/2}$ " x WOF. Sub-cut ten $2^{1/2}$ " squares.

From Hatch-C2959 Tomato:

• Cut two 2⁷/₈" x WOF. Sub-cut four 2⁷/₈" squares, eight Template A and cut two 2¹/₂" squares.

From Fun-C8224 Ocean:

• Cut one 2⁷/₈" x WOF. Sub-cut four 2⁷/₈" squares and cut six 2¹/₂" squares.

Block Construction

All seam allowances are 1/4" unless otherwise noted. Match adjacent seams when assembling blocks.

Block A

1. Sew a C2959 Citrus B half-triangle to one side of a C2959 Tomato A triangle. Fig. 1

Sew a C2959 Citrus C half-triangle to the opposite side of the triangle (*figure 1*). Make a total of eight sets, each measuring 2¹/₂" square.





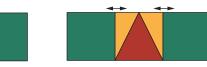
Make 8.

2. Sew a $2^{1/2}$ " C8224 Jade square on each side of four step 1 units (*figure 2*).

Fig. 2







Make 4

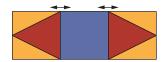
3. Noting the triangle orientation, sew a step 1 unit to opposite sides of a 2¹/₂" C8224 Ocean square. Make two sets (*figure 3*).

Fig. 3





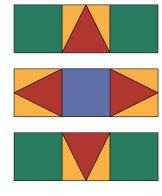


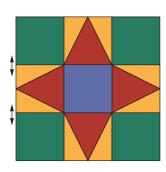


Make 2.

4. Sew together the three rows as shown to complete Block A (*figure 4*). Make two.

Fig. 4





Block A Make 2.



Block B

5. Draw a diagonal line on the wrong side of each 27/8" C8224 Jade square. With right sides together, place one marked square on the top of a 27/8" C8224 Ocean square. Sew 1/4" on each side of the marked line. Cut the square apart on the marked line to make two half-square triangles (HST). The HST should measure 21/2" square. Repeat to make a total of eight HST (*figure 5*).

Fig. 5







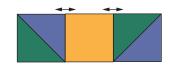
Make 8.

6. Noting the orientation, sew one HST to opposites sides of a 2¹/₂" C2959 Citrus square (*figure 6*). Make a total of four sets.

Fig. 6







Make 4.

7. Sew a $2^{1}/2^{\circ}$ C2959 Citrus square to each side of a $2^{1}/2^{\circ}$ C2959 Tomato square (*figure 7*). Make a total of two sets.

Fig. 7



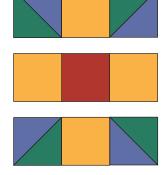


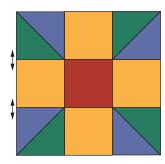


Make 2.

8. Following Figure 8, lay out the units in three rows. Sew the rows together in order to complete Block B. Make two.

Fig. 8





Block B Make 2.

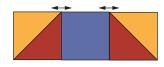
Block C

- 9. Following step 5 and using a 2⁷/₈" C2959 Citrus square and a 2⁷/₈" C2959 Tomato square, make a total of eight HST.
- 10. Noting the orientation, sew one HST to opposite sides of a 2¹/₂" C8224 Ocean square (*figure 9*). Make a total of four sets.

Fig. 9





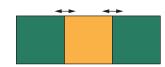


Make 4.

11. Sew a $2^{1}/2^{\circ}$ C8224 Jade square to opposite sides of a $2^{1}/2^{\circ}$ C2959 Citrus square (*figure 10*). Make a total of two sets.

Fig. 10

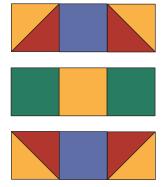


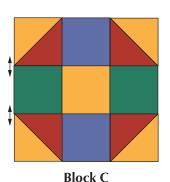


Make 2.

12. Following Figure 11, lay out the units in three rows. Sew the rows together in order to complete Block C. Make two.

Fig. 11



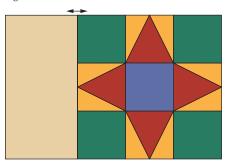


Make 2.

Pillow Top Assembly

13. Sew a $3^{1/2}$ " x $6^{1/2}$ " C8224 Vanilla rectangle to one side of each Block A, B and C (*figure 12*). Each block should measure $6^{1/2}$ " x $9^{1/2}$ ".

Fig. 12

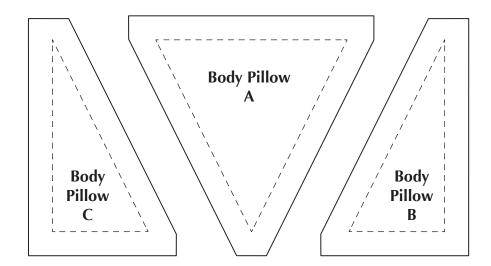


- 14. Referring to the pillow photo, lay out two sequences of Blocks A, B and C, alternating the placement of the C8224 Vanilla rectangle on adjacent blocks. Sew the blocks together in order.
- 15. Sew one $2^n \times 9^{1/2}$ C8224 Vanilla strip to each end of the row.

- 16. Sew one $2^{\text{"}} \times 39^{\text{1}/2}^{\text{"}} \text{ C8224 Vanilla strip to the top and the other to the bottom of the row.}$
- 17. Using the remaining C8224 Vanilla fabric as backing, layer with the batting and pieced pillow top and quilt as desired. Trim the excess batting and pillow front backing even with the pillow front.

Finishing

- 18. Cut the remaining C5063 Cream fabric the same size as the quilted pillow front. With right sides together, sew together the quilted pillow front and the backing, leaving a 6" opening on one end for turning.
- 19. Turn the pillow right side out and stuff to the desired firmness. Hand-stitch the opening closed.



Osie Lebowitz

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